

Steps or Stepping Stones: CHOICES in Substance Use & Addiction Recovery

When: Saturday, July 15th @12:00pm – 1:30pm

Presenter: Eryca Kasse, LICSW
Founder & Executive Director
CHOICES in Healing & Recovery

Where: Martin Luther King Jr. Library
901 G St. NW (*Gallery Place-Chinatown Metro*)
Conference Room #401-D

REGISTRATION LINK: <https://forms.gle/kjgYTX2bp8MY6oic7>

~~~~~

- ✓ Do you have lived experience with substance use / addiction?
- ✓ Do you value the group support of AA/NA, yet feel uncomfortable with some of the language?
  - ✓ Are you looking for Alternative Peer Support Groups for alcohol/drug recovery?

### **This Workshop is For You!**

The Steps or Stepping Stones workshop offers the opportunity to share your experiences of 12 step meetings openly without judgement; explore how some 12 step language may be triggering; learn trauma informed language options to promote empowerment & healing; and learn about peer support group alternatives to AA / NA for CHOICES in healing & recovery. **This Workshop is FREE and In-Person!**

**REGISTRATION LINK:** <https://forms.gle/kjgYTX2bp8MY6oic7>

**Info:** [ekasse@choicesihar.org](mailto:ekasse@choicesihar.org) / (202) 540-0713 / [www.choicesihar.org](http://www.choicesihar.org)